

# Chronically Chic™

BEAUTIFULLY PRACTICAL

## *Fever Tracker*

Thank you for downloading my fever tracker printable. I hope this helps you on your health journey.

XOXO

Kallista

Instructions:

- Record the date and time that you took a medication to combat your fever.
- Record the date and time that you took your temperature

@chronicallychicboutique

[www.chronicallychicboutique.com](http://www.chronicallychicboutique.com)

Toile de Jouy pattern designed by Bärbel Dressler. © Bear Bell Productions 2020

